

Central Montcalm Middle School

6-8 meal pattern

Menu items subject to change without notice

SY 26-27
November-December

*All students **must** have a **1/2 cup** fruit or vegetable with their **meal***

Whole Fruit also available daily

BREAKFAST

Served Daily
Free to all students
6th- 8th
in the cafeteria
7:25
Staff $3.25

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
WG Donuts	Pancakes or FrToast	Bfast Sandwich or Fruedel	Cinnamon Roll	Breakfast or Bagel Pizza
or Cereal or Bar	or Muffin w/Graham	or Cereal or Bread	or Muffin w/Graham	or Cereal or UBR
	Smoothie		Smoothie	
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Milk	Milk	Milk	Milk	Milk

LUNCH

Served Daily
Free to all students
6th- 8th

Other Daily Choices:
Pizza
PBJ/Cheese/Crackers
Meat Stick/Yogurt/Chips

Staff $5.50

Salad Bar available containing fresh and canned fruits and vegetables

WEEK OF:	L	U	N	C	H
11/2/2026	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Doritos Tacos	Cheeseburger/Bun	Calzones
11/30/2026	Stromboli			Cheeseburger Bites	
	Applesauce	Oranges	Pineapple	Grapes	Peaches
	Celery/Carrots	Potatoes	Refried Beans	Cucumber/Tomatoes	Broccoli
			Romaine		
	L	U	N	C	H
11/9/2026	Mozzarella Sticks/Sauce	Popcorn Chicken/Roll	Hot Dog/Bun/Chip	Spaghetti/Cornbread	Pizza Crunchers
12/7/2026	or Boxed Salad		Pretzel Dog		Ham/Cheese on Pretzel Bun
	Applesauce	Oranges	Pineapple	Banana	Pears
	Celery/Carrots	Potatoes	Baked Beans	Cucumber/Tomatoes	Broccoli
			Romaine		
	L	U	N	C	H
11/16/2026	Bosco Sticks/Sauce	Chicken Nuggets/Roll	Soft Shell Tacos	Chicken Leg/Roll	Breakfast Sandwich/Hashbrown
12/14/2026	Stromboli			Quesadilla	
	Applesauce	Oranges	Pineapple	Grapes	Peaches
	Celery/Carrots	Potatoes	Refried Beans	Cucumber/Tomatoes	Broccoli
			Romaine		
	L	U	N	C	H
11/23/2026	Mac & Cheese/Beef Dippers	Chicken Tenders/Roll	Corn Dog Nuggets	Chicken Patty/Bun	Pretzel and Cheese
	Mac & Cheese Bites		or Boxed Salad		French Toast/Sausage
	Applesauce	Oranges	Pineapple	Banana	Pears
	Celery/Carrots	Potatoes	Baked Beans	Cucumber/Tomatoes	Broccoli
			Romaine		

FOR MORE INFORMATION OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard
Daily Choice of 1% White or Chocolate milk
We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org

This institution is an equal opportunity provider.