



Central Montcalm High School

2026

9-12 meal pattern
Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal



Whole Fruit also available daily

BREAKFAST

Served Daily
Free to all students
9th-12th
in the cafeteria
7:30
Staff \$3.25

MONDAYS

Donut
or Cereal or Bar
100% Juice
Milk

TUESDAYS

Pancakes or FrToast
or Muffin w/Graham
Smoothie
100% Juice
Milk

WEDNESDAYS

Burrito or Fruedel
or Cereal or Bar
100% Juice
Milk

THURSDAYS

Cinnamon Roll
or Muffin w/Graham
Smoothie
100% Juice
Milk

FRIDAYS

Breakfast Pizza
or Cereal or Bread
100% Juice
Milk

Serving lunch to 8th-12th grade

WEEK

LUNCH

OF:

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Free to all students

1/5/2026

Bosco Sticks/Sauce

Chicken Nuggets/Roll

Dorito or Soft Shell Tacos

Alfredo/Breadtwist

Calzone

2/2/2026

Mozz Sticks

Spicy Tenders/Roll

Cheeseburger/Bun

Chicken Patty/Bun

Beef Dippers/Cornbread

3/2/2026

Applesauce

Oranges

Pineapple

Grapes

Peaches

3/30/2026

Celery/Carrots

Potatoes

Refried Beans

Cucumber/Tomatoes

Broccoli

5/4/2026

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Pizza

Deli Bar

Boxed Salads

1/12/2026

Bosco Sticks/Sauce

Popcorn Chicken/Roll

Hot Dog/Bun/Chip

Waffles/Sausage

Pizza Crunchers

2/9/2026

Mac & Cheese Bites

Cheeseburger/Bun

Chicken Patty/Bun

Spaghetti/Breadstick

3/9/2026

Applesauce

Oranges

Pineapple

Banana

Pears

4/13/2026

Celery/Carrots

Potatoes

Baked Beans

Cucumber/Tomatoes

Broccoli

Staff \$5.50

5/11/2026

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1/19/2026

Bosco Sticks/Sauce

Chicken Nuggets/Roll

Dorito or Soft Shell Tacos

Cent-Fil-A/Bun

Calzone

2/16/2026

3 Cheese Cavatappi

Cheeseburger/Bun

Ham/Swiss on Pretzel Bun

Beef Dippers/Cornbread

3/16/2026

Applesauce

Oranges

Pineapple

Grapes

Peaches

4/20/2026

Celery/Carrots

Potatoes

Refried Beans

Cucumber/Tomatoes

Broccoli

5/18/2026

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1/26/2026

Bosco Sticks/Sauce

Popcorn Chicken/Roll

Corn Dog Nuggets

Chinese/Rice

Pretzel and Cheese

2/23/2026

Quesadilla

Cheeseburger/Bun

Chicken Patty/Bun

Pizza Crunchers

3/23/2025

Applesauce

Oranges

Pineapple

Banana

Pears

4/27/2026

Celery/Carrots

Potatoes

Baked Beans

Cucumber/Tomatoes

Broccoli

5/25/2026

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard

Daily Choice of 1% White or Chocolate milk

We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.

