



# Central Montcalm Elementary

2026

K-5 Meal Pattern

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

## BREAKFAST

Served Daily

**Free to all students**  
in the Cafeteria

Staff \$3.25

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
	Muffin 100% Juice Milk	Waffle or UBR or Poptart 100% Juice Milk	Cereal w/Goldfish 100% Juice Milk	Mini Cinni or Bagelful 100% Juice Milk	French Toast or Pancakes 100% Juice Milk

## WEEK

Salad Bar available containing fresh and canned fruits and vegetables

## LUNCH

Served Daily

**Free to all students**

2nd Choice Daily:  
PBJ/Cheese/Crackers

Staff \$5.50

OF:	L	U	N	C	H
	Bosco Sticks/Sauce	Chicken Nuggets	Doritos Tacos	Cheeseburger/Bun	Calzone
1/5/2026	Applesauce	Oranges	Pineapple	Grapes	Peaches
2/2/2026					
3/2/2026	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli
3/30/2026					
5/4/2026					
	L	U	N	C	H
	French Toast/Sausage	Chicken Tenders	Hot Dog/Bun	Chicken Patty/Bun	Pizza
1/12/2026	Applesauce	Oranges	Pineapple	Banana	Pears
2/9/2026					
3/9/2026	Celery/Carrots	French Fries	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli
4/13/2026					
5/11/2026					
	L	U	N	C	H
	Macaroni & Cheese	Chicken Nuggets	Soft Shell Tacos	Cheeseburger/Bun	Pizza Crunchers
1/19/2026	Applesauce	Oranges	Pineapple	Grapes	Peaches
2/16/2026					
3/16/2026	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli
4/20/2026					
5/18/2026					
	L	U	N	C	H
	Mozzarella Sticks	Chicken Tenders	Corn Dog Nuggets	Chicken Patty/Bun	Pizza
1/26/2026	Applesauce	Oranges	Pineapple	Banana	Pears
2/23/2026					
3/23/2025	Celery/Carrots	French Fries	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli
4/27/2026					
5/25/2026					

FOR MORE  
INFORMATION  
OR ASSISTANCE, CALL:

Amy Main

Food Service Director

989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard

Daily Choice of 1% White or Chocolate milk

We use whole grain rich products

CM Wellness Policy found at [www.central-montcalm.org](http://www.central-montcalm.org)

*This institution is an equal opportunity provider.*