

FREE School Meals for ALL Students



Central Montcalm Elementary

K-5 Meal Pattern

2026

Menu items subject to change without notice

All students must have a 1/2 cup fruit or vegetable with their meal

Whole Fruit also available daily

BREAKFAST

Served Daily

Free to all students
in the Cafeteria

Staff \$3.25

MONDAYS

TUESDAYS

WEDNESDAYS

THURSDAYS

FRIDAYS

Muffin
100% Juice
Milk

Waffle or UBR or Poptart
100% Juice
Milk

Cereal w/Goldfish
100% Juice
Milk

Mini Cinni or Bagelful
100% Juice
Milk

French Toast or Pancakes
100% Juice
Milk

LUNCH

Served Daily

Free to all students

2nd Choice Daily:
PBJ/Cheese/Crackers

Staff \$5.50

WEEK

OF:

Salad Bar available containing fresh and canned fruits and vegetables

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Bosco Sticks/Sauce
Applesauce

Chicken Nuggets
Oranges

Doritos Tacos
Pineapple

Cheeseburger/Bun
Grapes

Calzone
Peaches

1/5/2026
2/2/2026
3/2/2026
3/30/2026
5/4/2026

Celery/Carrots

Potatoes

Refried Beans
Romaine

Cucumber/Tomatoes

Broccoli

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French Toast/Sausage
Applesauce

Chicken Tenders
Oranges

Hot Dog/Bun
Pineapple

Chicken Patty/Bun
Banana

Pizza
Pears

1/12/2026
2/9/2026
3/9/2026
4/13/2026
5/11/2026

Celery/Carrots

French Fries

Baked Beans
Romaine

Cucumber/Tomatoes

Broccoli

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Macaroni & Cheese
Applesauce

Chicken Nuggets
Oranges

Soft Shell Tacos
Pineapple

Cheeseburger/Bun
Grapes

Pizza Crunchers
Peaches

1/19/2026
2/16/2026
3/16/2026
4/20/2026
5/18/2026

Celery/Carrots

Potatoes

Refried Beans
Romaine

Cucumber/Tomatoes

Broccoli

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Mozzarella Sticks
Applesauce

Chicken Tenders
Oranges

Corn Dog Nuggets
Pineapple

Chicken Patty/Bun
Banana

Pizza
Pears

1/26/2026
2/23/2026
3/23/2025
4/27/2026
5/25/2026

Celery/Carrots

French Fries

Baked Beans
Romaine

Cucumber/Tomatoes

Broccoli

FOR MORE
INFORMATION
OR ASSISTANCE, CALL:

Amy Main

Food Service Director

989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard

Daily Choice of 1% White or Chocolate milk

We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org
This institution is an equal opportunity provider.