

Central Montcalm Elementary

K-5 Meal Pattern

Menu items subject to change without notice

SY 26-27
November-December

*All students **must** have a **1/2 cup** fruit or vegetable with their **meal***

Whole Fruit also available daily

BREAKFAST

Served Daily

Free to all students

Staff $3.25

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Muffin	Waffle or UBR or Poptart	Cereal w/Goldfish	Mini Cinni or Bagelful	French Toast or Pancakes
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
Milk	Milk	Milk	Milk	Milk

LUNCH

Served Daily

Free to all students

2nd Choice Daily:
PBJ/Cheese/Crackers

Staff $5.50

Salad Bar available containing fresh and canned fruits and vegetables

WEEK OF:	L	U	N	C	H
11/2/2026	Bosco Sticks/Sauce	Chicken Nuggets	Doritos Tacos	Cheeseburger Bites	Calzone
11/30/2026	Applesauce	Oranges	Pineapple	Grapes	Peaches
	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli
	L	U	N	C	H
11/9/2026	French Toast/Sausage	Chicken Tenders	Hot Dog/Bun	Chicken Patty/Bun	Pizza
12/7/2026	Applesauce	Oranges	Pineapple	Banana	Pears
	Celery/Carrots	French Fries	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli
	L	U	N	C	H
11/16/2026	Macaroni & Cheese	Chicken Nuggets	Soft Shell Tacos	Cheeseburger/Bun	Pizza Crunchers
12/14/2026	Applesauce	Oranges	Pineapple	Grapes	Peaches
	Celery/Carrots	Potatoes	Refried Beans Romaine	Cucumber/Tomatoes	Broccoli
	L	U	N	C	H
11/23/2026	Mozzarella Sticks	Chicken Tenders	Corn Dog Nuggets	Chicken Patty/Bun	Pizza
	Applesauce	Oranges	Pineapple	Banana	Pears
	Celery/Carrots	French Fries	Baked Beans Romaine	Cucumber/Tomatoes	Broccoli

FOR MORE INFORMATION OR ASSISTANCE, CALL:
Amy Main
Food Service Director
989-831-2106

Reduced fat condiments available: ranch, ketchup, bbq, mustard

Daily Choice of 1% White or Chocolate milk

We use whole grain rich products

CM Wellness Policy found at www.central-montcalm.org

This institution is an equal opportunity provider.